



Program

Piątek, 25 kwietnia 2025

SALA KONFERENCYJNA

08:30–08:40

Welcome

Krzysztof Narkiewicz

08:40–10:00

Session 1. Current situation of medical inertia and adherence

Michel Burnier, Przemysław Kardas

08:40–09:00

Medical inertia: definition and current landscape in Europe

Monika Hollander

09:00–09:20

Management of adherence by healthcare professionals across Europe: insights from COST Action ENABLE

Przemysław Kardas

09:20–09:35

Medication adherence in hypertension: a Polish example

Aleksandre Prejbisz

09:35–09:50

Are there common pathways explaining medical inertia and patient non-adherence?

Robert Horne

09:50–10:00

Discussion

10:00–10:30

Coffee break

10:30–12:10

Session 2. Inertia and adherence: new perspectives

Krzysztof Narkiewicz, Anna Shalimova

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| 10:30-10:50 | Emotional aspects <i>Alexandre Persu</i> |
| 10:50-11:10 | Training and medical education and adherence <i>Anna Szyndler</i> |
| 11:10-11:30 | To listen to and understand the patient <i>Piotr Wierzbński</i> |
| 11:30-11:50 | Transformative treatment paradigm shift for the adaptive adherence measures and patient-focused recovery <i>Wiesław J. Cubala, Adam Włodarczyk</i> |
| 11:50-12:10 | Discussion |
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| 12:10-13:30 | Lunch break |
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| 13:30-15:00 | Session 3. New treatments and medication adherence <i>Reinhold Kreutz, Sverre Erik Kjeldsen</i> |
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| 13:30-13:50 | Antihypertensive drugs and persistence based on a national database <i>Marie Ekenberg</i> |
| 13:50-14:10 | Does renal denervation improve medication adherence? <i>Michel Azizi</i> |
| 14:10-14:30 | Very long-acting drugs and long-term persistence to medications <i>Jan Danser</i> |
| 14:30-14:50 | Adherence in patients with a high pill burden: the example of nephrology <i>Marcin Adamczak</i> |
| 14:50-15:00 | Discussion |
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| 15:00-15:30 | Coffee break |
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| 15:30–17:00 | Session 4. Management of adherence in reference centers and clinical practice <i>Dagmara Hering, Maciej Tomaszewski</i> |
| 15:30–15:50 | How to detect poor adherence in clinical practice <i>Jan Vaclavik</i> |
| 15:50–16:10 | Measuring drug levels in blood or urine: advantages and limits <i>Pankaj Gupta</i> |
| 16:10–16:30 | Can deprescription improve adherence? <i>Michel Burnier</i> |
| 16:30–16:50 | Digital health and wearable technologies <i>Gregoire Würzner</i> |
| 16:50–17:00 | Discussion |

Sobota, 26 kwietnia 2025

SALA KONFERENCYJNA

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| 08:30–10:30 | Session 5. Medication adherence and clinical trials <i>Reinhold Kreutz, Jacek Wolf</i> |
| 08:30–08:50 | Physician adherence to the study protocol in hypertension outcome trials ("investigator inertia") <i>Sverre Erik Kjeldsen</i> |
| 08:50–09:10 | Managing uncertainty in drug exposure to minimize the risk of trial failure <i>Bernard Vrijens</i> |
| 09:10–09:30 | EMERGE: Recommendations for adherence monitoring in trials <i>Lina Eliasson</i> |

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| 09:30-09:50 | Can pharmacist collaboration be helpful to support adherence? <i>Marie Schneider</i> |
| 09:50-10:10 | The role of nurses in the management of adherence <i>Sara Soldan</i> |
| 10:10-10:30 | Discussion |
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| 10:30-11:00 | Coffee break |
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| 11:00-12:40 | Session 6. New approaches to improve adherence and fight inertia <i>Thomas Weber, Andrzej Januszewicz</i> |
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| 11:00-11:20 | Can assessment of vascular age improve adherence and medical inertia in hypertension? <i>Thomas Weber</i> |
| 11:20-11:40 | Real world studies based on country-wide registry <i>Bjorn Wettermark</i> |
| 11:40-12:00 | Is it possible to perform a RCT on drug adherence? <i>Reinhold Kreutz</i> |
| 12:00-12:20 | Could “omics” contribute to improve adherence? <i>Christian Delles</i> |
| 12:20-12:40 | Can innovative solutions solve the problems of adherence? <i>Paweł Lewek</i> |
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| 12:40-13:00 | Discussion and closure of the meeting |
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| 13:00 | Lunch |
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