



Programme

Friday, 25 April 2025

CONFERENCE ROOM

08:30–08:40

Welcome

Krzysztof Narkiewicz

08:40–10:00

Session 1. Current situation of medical inertia and adherence

Michel Burnier, Przemysław Kardas

08:40–09:00

Medical inertia: definition and current landscape in Europe

Monika Hollander

09:00–09:20

Management of adherence by healthcare professionals across Europe: insights from COST Action ENABLE

Przemysław Kardas

09:20–09:35

Medication adherence in hypertension: a Polish example

Aleksandre Prejbisz

09:35–09:50

Are there common pathways explaining medical inertia and patient non-adherence?

Robert Horne

09:50–10:00

Discussion

10:00–10:30

Coffee break

10:30–12:10 **Session 2. Inertia and adherence: new perspectives**

Krzysztof Narkiewicz, Anna Shalimova

10:30–10:50 Emotional aspects
Alexandre Persu

10:50–11:10 Training and medical education and adherence
Anna Szyndler

11:10–11:30 To listen to and understand the patient
Piotr Wierzbński

11:30–11:50 Transformative treatment paradigm shift for the adaptive
adherence measures and patient-focused recovery
Wiesław J. Cubala, Adam Włodarczyk

11:50–12:10 Discussion

12:10–13:30 **Lunch break**

13:30–15:00 **Session 3. New treatments and medication adherence**

Reinhold Kreutz, Sverre Erik Kjeldsen

13:30–13:50 Socioeconomic environment and adherence
Marie Ekenberg

13:50–14:10 Does renal denervation improve medication adherence?
Michel Azizi

14:10–14:30 Very long-acting drugs and long-term persistence to
medications
Jan Danser

14:30–14:50 Adherence in patients with a high pill burden: the example of
nephrology
Marcin Adamczak

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| 14:50-15:00 | Discussion |
| 15:00-15:30 | Coffee break |
| 15:30-17:00 | Session 4. Management of adherence in reference centers and clinical practice <i>Dagmara Hering, Maciej Tomaszewski</i> |
| 15:30-15:50 | How to detect poor adherence in clinical practice <i>Jan Vaclavik</i> |
| 15:50-16:10 | Measuring drug levels in blood or urine: advantages and limits <i>Pankaj Gupta</i> |
| 16:10-16:30 | Can deprescription improve adherence? <i>Michel Burnier</i> |
| 16:30-16:50 | Digital health and wearable technologies <i>Gregoire Würzner</i> |
| 16:50-17:00 | Discussion |

Saturday, 26 April 2025

CONFERENCE ROOM

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| 08:30-10:30 | Session 5. Medication adherence and clinical trials <i>Reinhold Kreutz, Jacek Wolf</i> |
| 08:30-08:50 | Physician adherence to the study protocol in hypertension outcome trials ("investigator inertia") <i>Sverre Erik Kjeldsen</i> |

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| 08:50-09:10 | Managing uncertainty in drug exposure to minimize the risk of trial failure <i>Bernard Vrijens</i> |
| 09:10-09:30 | EMERGE: Recommendations for adherence monitoring in trials <i>Lina Eliasson</i> |
| 09:30-09:50 | Can pharmacist collaboration be helpful to support adherence? <i>Marie Schneider</i> |
| 09:50-10:10 | The role of nurses in the management of adherence <i>Sara Soldan</i> |
| 10:10-10:30 | Discussion |

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| 10:30-11:00 | Coffee break |
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| 11:00-12:40 | Session 6. New approaches to improve adherence and fight inertia <i>Thomas Weber, Andrzej Januszewicz</i> |
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| 11:00-11:20 | Can assessment of vascular age improve adherence and medical inertia in hypertension? <i>Thomas Weber</i> |
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| 11:20-11:40 | Real world studies based on country-wide registry <i>Bjorn Wettermark</i> |
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| 11:40-12:00 | Is it possible to perform a RCT on drug adherence? <i>Reinhold Kreutz</i> |
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| 12:00-12:20 | Could “omics” contribute to improve adherence? <i>Christian Delles</i> |
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| 12:20-12:40 | Can innovative solutions solve the problems of adherence? <i>Paweł Lewek</i> |
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12:40-13:00 **Discussion and closure of the meeting**

13:00 **Lunch**
